

**Number 8**

**Summer 2026 Programme**



## **Welcome**

Summer is on the horizon - bringing longer days, warmer evenings, and a vibrant new season at Number 8. We're delighted to bring you a programme full of variety, including some exciting new events. Our **Author Talks in the Foyer** welcome **Sunday Times bestselling crime writers** for engaging, up-close conversations - perfect for book lovers and the curious alike.

On stage, **Pershore Operatic & Dramatic Society** present ***Kiss Me, Kate***, a witty and much loved musical packed with memorable songs and sharp humour. Younger audiences can enjoy ***Buzz!***, a fun filled theatre show exploring the importance of bee conservation. For those who enjoy a touch of nostalgia, the **D-Day Darlings** return with ***Victorious***, bringing beautiful harmonies and uplifting songs that celebrate courage and community, plus we're excited to welcome back **Alex McAleer**, with his not to be missed show ***Mindreader***. Whether you're discovering something new or enjoying a familiar favourite, we look forward to welcoming you this season.

Laura Ashfield

Programme Manager

## **The Foyer**

### **Sip & Sketch Thu 25 Jun; Thu 23 Jul; Thu 20 Aug**

Drop in anytime during these informal afternoons to sketch a still life whilst socialising and enjoying a cuppa. Whether you're a keen artist or absolute beginner, everyone is welcome. Admission free.

### **Language Café French Thu 18 Jun; Thu 6 Aug Spanish Thu 2 Jul Italian Thu 23 Jul**

Practise your language skills by chatting and mingling in a friendly environment. Whether you're a beginner or multilingual, everyone is welcome! Admission free. See our film listings for tie-in screenings at 7.30pm on selected evenings.

### **Quiz Night Fri 19 Jun; Fri 17 Jul; Fri 14 Aug – 8.00pm**

Join us for an evening of trivia and put your knowledge to the test. Teams of up to four players are welcome, so bring your friends and see if your team can come out on top! £2 per person, maximum of 4 players per team.

### **Readers' Group 1<sup>st</sup> & 3<sup>rd</sup> Tuesday of each month – 7.45pm**

Discuss a range of books in these friendly groups of like-minded people who are always keen to welcome new members and to hear new book suggestions.

For more information, please contact

[marketingassistant@number8.org](mailto:marketingassistant@number8.org)

## **Murder at the Abbey Fri 5 Jun – 7.00pm**

Join us for our first Crime Fiction evening. We have gathered a collection of award winning and international best-selling authors for an evening of all things Crime Fiction. £12

## **Foyer Folk: Dave Ellis and Boo Howard Sat 11 Jul – 8.00pm**

Award-acclaimed guitarist Dave Ellis joins Boo Howard for an unforgettable evening of acoustic folk. With stunning guitar work, beautiful harmonies, and powerful songwriting, this acclaimed duo deliver engaging, emotionally rich performances. Firm favourites on the UK folk scene, don't miss them live! £12

## **Foyer Folk: Grey Wolf Sat 15 Aug – 8.00pm**

Joining us from the Welsh Marches, Grey Wolf bring their captivating blend of acoustic Americana and old-time folk. With banjo, fiddle, guitar, and rich harmonies, this festival-favourite band delivers dynamic, beautifully balanced performances rooted in American traditions and British folk. £14

## **Events**

## **Murder at the Abbey**

Number 8, in conjunction with Aspects of Crime and The Bullington Press, present our first Crime Fiction evening. We have gathered a collection of award winning and international bestselling authors for an evening of all things Crime Fiction. Amid the murder and mayhem there will be laughter and the opportunity to meet the authors and get them to sign copies of the latest books which will be available at the venue. See page 9 for more.

**Friday 5 June – 7.00pm**

Tickets: £12

2hrs 30mins

**Pershore Operatic and Dramatic Society present:**

## **Kiss Me, Kate**

Join PODS with this classic MGM musical. Kiss Me, Kate is all about the drama that happens on and off stage during a production of Taming of the Shrew and the misadventures that happen when a bouquet ends up in the wrong hands. Packed with well-known tunes and a whole lot of singing and dancing.

**Monday 8 June – Saturday 13 June, 7.30pm**

Tickets: Mon £15, Tue – Thu £17, Fri & Sat £19

Running time tbc

## **Julie July Band**

### **Diamond Rainbows Album Tour 2026**

Returning once again, bringing their distinctive blend of contemporary folk-rock, expressive vocals, and evocative storytelling. In 2026, Julie July will be releasing her fourth original album – a body of work that moves beyond homage to capture the essence of 70s folk-rock while re-imagining it for the 21<sup>st</sup> century.

**Saturday 20 June – 7.30pm**

Tickets: £19.50

2hrs (inc. interval)

## **GreenMatthews' Midsummer Revels**

Following on from GreenMatthews' highly successful *Midwinter Revels*, they present their new show *Midsummer Revels*. Featuring traditional English folksongs, self-written material and toe-tapping dance tunes, *Midsummer Revels* is a glorious feel-good evocation of sunny days, blue skies and green fields! Songs of the land and sea, town and country are brought to life on a plethora of instruments such as English border bagpipes, mandocello and shawm.

**Friday 26 June – 7.30pm**

Tickets: £17, Child £11

2hrs (inc. interval)

## **Buzz**

A Bee-rilliant Adventure!

Join Billy Bumble as he shrinks down to bee-size and learns about the troubles that they face. Featuring spell-binding puppetry and a giant

honeycomb set, join us for a whirlwind ride, avoiding grumpy Mr Fred and the gaping jaws of Shredder the dog!

**Thursday 13 August – 2.00pm**

Tickets: £8.50

35mins

## **Side Streets & Back Beats, with Voices Unlimited**

A concert sung with rhythm & groove, from the heart and with joy. Enjoy classics & big band tunes sung by Voices Unlimited. This acclaimed local choir will be singing with soul and passion, songs to tap your feet to, and in celebration of and support for a charity close to everybody's hearts in the community, Worcestershire Breast Haven Unit.

**Saturday 5 September & Sunday 6 September – 7.30pm**

Tickets: £19.50

Running time tbc

## **An Evening with Melvyn Hayes**

### **In conversation with his daughter, Charlie Hayes**

Join us for a special evening with Melvyn Hayes, in conversation with his daughter Charlie Hayes. With a remarkable career spanning over 75 years in show business, Melvyn has carved a unique path from child performer to beloved character actor. This September, he shares stories from stage to screen, offering personal insights, behind-the-scenes moments, and highlights from a lifetime in entertainment.

After the talk, Melvyn will be signing copies of his book *It Ain't Half Late Mum*.

**Friday 11 September – 7.30pm**

Tickets: £15

2hrs (inc. interval)

### **PODS: Miscast**

PODS is excited to unveil a brand-new fundraising cabaret, a two-show celebration of the roles we were never meant to occupy but are ready to seize with both jazz hands! Prepare for a vibrant evening filled with musical theatre, dance and comedy, and pure PODS audacity to raise essential funds for upcoming

productions while allowing our talented members to break the mould.

**Saturday 12 September – 2.30pm & 7.30pm**

Tickets: £10

Running time tbc

### **D-Day Darlings – Victorious**

Following the success of their VE Day 80 tour and triumphant performances at the iconic Royal Albert Hall, Britain's beloved songbirds, The D-Day Darlings, proudly present their brand-new stage spectacular, Victorious, fronted by founder and lead singer Katie Ashby. With vintage glamour, soaring vocals, and moving storytelling, Victorious pays tribute to the heroes of the past while igniting the spirit of a new generation.

**Saturday 19 September – 7.30pm**

Tickets: £27

2hrs 20mins (inc. interval)

### **Alex McAleer: Mind Reader**

Following his appearance here last year, Alex McAleer returns to Number 8 with his remarkable

show. With new moments added and a second half shaped entirely by the thoughts and decisions of the audience, no two performances are ever quite the same. Alex isn't psychic or supernatural, but he has an uncanny ability to apparently tap into his audience's minds and read their thoughts at will.

**Thursday 24 September – 7.30pm**

Tickets: £20, Friends £1 discount

1hr 30mins (inc. interval)

## **Lipstick on Your Collar**

Back with their brand-new show for 2026!

Step back in time to the golden era of music where the jukebox roared and feet didn't touch the floor. Get your dancing shoes at the ready, you are in for an evening of back-to-back hits from the 1950s and 60s! From the birth of Rock n Roll through to the Beat Group sounds of the British Invasion and beyond, the show is packed with over forty hits.

**Saturday 10 October – 7.30pm**

Tickets: £29

2hrs 25mins (inc. interval)

## **David Attenborough: A Life on Our Planet**

One man has seen more of the natural world than any other. This unique feature documentary is his

witness statement. Now, for the first time he reflects upon both the defining moments of his lifetime as a naturalist and the devastating changes he has seen. After the film, audiences will have the unique chance to watch a very special, exclusive conversation between Sir David Attenborough and Sir Michael Palin. This will only be available in cinemas.

**Tuesday 16 June – 7.00pm**

Tickets: £12, Students £10, Friends £1 discount  
1hr 23mins

## **Event Cinema**

### **NTLive: Les Liaisons Dangereuses**

BAFTA Award-winner Lesley Manville (Phantom Thread) joins Aidan Turner (Rivals) in a striking new staging of Christopher Hampton's celebrated adaptation of the classic novel. Marquise de Merteuil is a master in the art of survival. Alongside the magnetic Vicomte, they turn seduction into strategy and weaponize desire. But when their alliance

collapses into rivalry, the battle between them threatens to destroy everyone in their path.

Filmed live on stage at the National Theatre.

**Thursday 25 June – 7.00pm**

Tickets: £16, Seniors £15, Student £10, Friends £1 discount

1hr 30mins tbc

## **André Rieu's 2026 Summer Concert: Viva Maastricht!**

This year, André Rieu celebrates a spectacular milestone - the 20th anniversary of his iconic summer concerts on the magnificent Vrijthof square - with a new recorded concert, welcoming artists never before seen on the Vrijthof stage.

***Tickets available from 14 May 2026***

Sunday 9 August – 2.00pm; Saturday 29 August – 7.00pm

Tickets: £18, Child £10

Running time tbc

## **Films**

### **Midwinter Break (12A)**

A moving drama starring Lesley Manville and Ciaran Hinds as a long married couple whose trip to

Amsterdam brings old memories, hidden truths and questions about love, faith and their future to the surface.

**Mon 1 Jun – 11.00am & 7.30pm (ST)**

Dir. Polly Findlay, 1hr 30 mins

**Mother's Pride (12A)**

From the makers of *Fishermans's Friends*, this British comedy drama tells the story of a failing pub, a divided community and a grieving family whose lives are changed by brewing real ale and entering the Great British Beer Awards.

Starring Martin Clunes, James Buckley, Mark Addy, Luke Treadaway, Gabriella Wilde and Jonno Davies.

**Tue 2 Jun - 7.30pm**

Dir. Nick Moorcroft, 1hr 33mins, AD))

**Underland (12A)**

Based on Robert Macfarlane's bestseller, *Underland* is a cinematic voyage beneath the surface of the earth. Following explorers into places rarely glimpsed by human eyes, stunning visuals reveal the hidden worlds beneath our feet.

**Thu 4 Jun - 7.30pm**

Dir. Rob Petit, 1hr 19mins, AD))

## **The Testament of Ann Lee (15)**

The true story of Ann Lee (Amanda Seyfried) founder of the Shaker movement. From her poverty-stricken childhood in 18th century Manchester to joining the religious group who express themselves through song and dance, as “Mother Ann” leads them to the US to build a utopian community.

**Mon 15 Jun - 11.00am & 7.30pm**

Dir. Mona Fastvold, 2hrs 17 mins, AD))

## **Colours of Time (15)**

When a house in Normandy formerly belonging to an Adèle Meunier is due for demolition, four distant cousins set out to trace their ancestors. A trail of artefacts leads them to revisit Adèle’s adventures in 19<sup>th</sup> century Paris. Join our *French language café* before the screening (see p. 2).

**Thu 18 Jun - 7.30pm**

Dir. Cédric Klapisch, 2hrs 6 mins, French with subtitles

## **The Bride! (15)**

In 1930s Chicago, groundbreaking scientist Dr. Euphronious (Annette Bening) brings a murdered young woman (Jessie Buckley, *Hamnet*) back to life to be a companion for Frankenstein's monster (Christian Bale). What happens next is beyond what either of them could ever have imagined.

**Fri 19 Jun - 7.30pm**

Dir. Maggie Gyllenhaal, 2hrs 7mins, AD))

### **The Christophers (15)**

The children of a bitter and cantankerous, once-famous artist, Julian Sklar (Ian McKellen) hire a forger to complete some of his unfinished, abandoned canvases in the hope that they will become valuable after his death.

**Mon 22 Jun - 11.00am & 7.30pm; Tue 23 Jun - 7.30pm**

Dir. Steven Soderbergh, running time tbc

### **The Sheep Detectives (PG)**

George (Hugh Jackman) is a shepherd who reads detective novels to his beloved sheep every night, assuming they can't possibly understand. But when George is found dead the sheep realise they must become detectives to solve the crime.

**Mon 29 Jun - 11.00am; Tue 30 Jun - 7.30pm; Fri 3 Jul - 7.30pm**

Dir. Kyle Balda, 1hr 49mins

### **Romeria (15)**

Marina, orphaned at a young age, travels to Spain's Atlantic coast to get a scholarship application signed

by grandparents she has never met. With her mother's diary in hand what starts as an admin quest reveals family secrets. Join our *Spanish language café* before the screening (see p. 2)

**Thu 2 Jul - 7.30pm**

Dir. Carla Simón, 1hr 52mins, Spanish with subtitles

### **La Boheme (12A)**

An aspiring novelist living in East London falls for a cleaner, whilst his best friend attempts to rekindle a past romance. A tale of love and tragedy, beauty and decay, charting the ups and downs of a group of idealistic graduates in a modern day interpretation of Puccini's classic opera.

**Thu 9 Jul – 7.30pm**

Dir. Robin Norton-Hale, 1hr 46mins

### **The Devil Wears Prada 2 (cert tbc)**

Miranda, Andy, Emily and Nigel return twenty years later to the streets of New York City and the offices of Runway Magazine. As Miranda nears retirement, she and Andy face off against her former assistant-turned rival Emily.

**Fri 10 Jul – 7.30pm;** Join us on the red carpet for a Runway themed party from 6.30pm

**Mon 13 Jul – 11.00am & 7.30pm (ST); Tue 14 Jul – 7.30pm**

Dir. David Frankel, running time tbc, AD))

### **The Mandalorian and Grogu (cert tbc)**

With the Empire fallen, Imperial warlords remain scattered across the galaxy. Enlisting the help of the Mandalorian bounty hunter and his apprentice Grogu, the New Republic works to protect everything the Rebellion fought for.

*Collector Rob Brown joins us in The Foyer at 6.45pm to talk about his Star Wars memorabilia.*

**Sat 11 Jul - 7.30pm**

Dir. Jon Favreau, running time tbc

### **Fairyland (15)**

Following the sudden death of her mother, Alysia is uprooted by her father, Steve, to San Francisco. Steve's bohemian lifestyle clashes with the expectations of parenthood from both the outside world and Alysia. As Alysia grows into a young woman on the cusp of adulthood, their bonds and duty to each other are tested in painful, sudden ways.

**Thu 16 Jul – 7.30pm**

Dir. Andrew Durham, 1hr 56mins

## **Tuner (15)**

Niki (Leo Woodall, *White Lotus*) is a shy piano tuner with hyperacusis – an increased sensitivity to sound. Harry, (Dustin Hoffman) Niki's boss and mentor, is losing his hearing. When Harry is locked out of his safe, Niki discovers a new talent that will both transform and threaten his uneventful life as he realises piano tuning skills can equally be applied to cracking safes.

**Fri 17 Jul – 7.30pm; Mon 20 Jul – 11.00am**

Dir. Daniel Roher, 1hr 47mins

## **MadFabulous (12A)**

Inspired by the true story of Henry Paget, the unlikely British aristocrat who smashed society's notions of class, gender and decorum, squandering a multimillion fortune before his heartbreaking untimely death. A riotous, uncompromising celebration of otherness.

**Sat 18 Jul – 7.30pm**

Dir. Celyn Jones, 1hr 48mins

## **Hoppers (U)**

In this animated comedy adventure animal-loving college student Mabel transfers her mind into a lifelike robotic beaver to communicate with animals

and save their habitat from developers, inadvertently sparking an uprising in the process. All tickets just £5!

**Tue 21 Jul - 11.00am; Thu 23 Jul - 2.00pm (RS)**

Dir. Daniel Chong, 1hr 44mins

Smiley face

### **Primavera (15)**

Gifted, orphaned violinist, Cecilia, meets Vivaldi who becomes her teacher. Under his mentorship and through his music, she gains courage to break free from the life she was destined for and pursue her passion. Join our *Italian language café* before the Thursday screening (see p. 2)

**Wed 22 Jul - 2.00pm; Thu 23 Jul - 7.30pm**

Dir. Damiano Michieletto, 1hr 51mins, Italian with subtitles

### **The Drama (15)**

A happily engaged couple's preparations for their imminent wedding are derailed by a shocking confession in this dark comedy drama starring Robert Pattinson and Zendaya.

**Fri 24 Jul - 7.30pm; Mon 27 Jul - 11.00am**

Dir. Kristoffer Borgli, 1hr 45mins

## **Epic: Elvis Presley in Concert (12A)**

Never-before-seen footage and recordings of Elvis Presley in concert at his Las Vegas residency, uncovered by Baz Luhrmann during his research for *Elvis* (2022) are presented here alongside archive interviews – a must see for all fans of The King!

**Sat 25 Jul – 7.30pm**

Dir. Baz Luhrmann, 1hr 36mins

## **Toy Story 5 (cert tbc)**

In their latest adventure, Woody, Buzz, Jessie and the rest of the gang's jobs are challenged when they're introduced to electronics, a new threat to playtime. Child tickets just £5!

**Tue 28 Jul - 11.00am (RS) & 7.30pm; Thu 30 Jul – 2.00pm**

Dir. Andrew Stanton, running time tbc

Smiley face

## **Disclosure Day (cert tbc)**

If you found out we weren't alone, if someone showed and proved it to you, would that frighten you? Newscaster (Emily Blunt) causes worldwide panic when she starts speaking an alien language on air. A

translator attempts to reveal the truth while black ops agent (Colin Firth) tries to suppress it.

**Fri 31 Jul - 7.30pm; Mon 3 Aug - 11.00am; Sat 8 Aug – 7.30pm**

Dir. Steven Spielberg, running time tbc

### **A Private Life (15)**

Deeply troubled by the suicide of one of her patients, renowned psychiatrist Lilian Steiner (Jodie Foster) is drawn into a murder investigation. When she finds that files have been stolen, Lilian takes matters into her own hands and, with help from her ex-husband, turns amateur sleuth.

Join our *French language café* before the Thursday screening (see p. 2).

**Wed 5 Aug - 2.00pm; Thu 6 Aug - 7.30pm**

Dir. Rebecca Zlotowski, 1hr 43mins French with subtitles

### **Virginia Woolf's Night & Day (cert tbc)**

An un-romantic comedy about passionate astronomer Katharine Hilbery who does everything she can to avoid romantic love and marriage. Set against the ravishing backdrop of London in 1910, advances in science and technology and crumbling

Edwardian patriarchy, her story is as relevant today as it ever was.

**Fri 7 Aug – 7.30pm; Mon 10 Aug – 11.00am**

Dir. Tina Gharavi, running time tbc

### **Minions & Monsters (cert tbc)**

The Minions go on a journey to find frightening creatures to appear in their monster movie and after unleashing them upon an unsuspecting world must race to save the day. Child tickets just £5!

**Tue 11 Aug - 11.00am; Sat 15 Aug - 2.00pm**

Dir. Pierre Coffin, running time tbc

Smiley face

### **Glenrothan (12A)**

Brian Cox makes his directorial debut with this tense drama about family and forgiveness. After 35 years in the United States, Donal (Alan Cumming) returns to his family-owned whisky distillery in the Scottish Highlands to make amends with his brother, Sandy (Brian Cox).

**Fri 14 Aug - 7.30pm; Mon 17 Aug - 11.00am**

Dir. Brian Cox, 1hr 39mins

### **Charlie the Wonderdog (PG)**

When Danny's loyal, four-legged best friend is mysteriously abducted by aliens, Charlie returns home with incredible new abilities and a mission to protect the people he loves. As his nemesis, neighbourhood cat Puddy, sets out to take over the world, it's up to Charlie the Wonderdog to discover the true meaning of heroism and save the day! Child tickets just £5!

**Tue 18 Aug- 11.00am; Thu 20 Aug - 2.00pm**

Dir. Shea Wageman, 1hr 32mins

Smiley face

### **The Invite (15)**

Joe and Angela (Seth Rogen, Olivia Wilde), are a married couple on thin ice. When they invite their enigmatic upstairs neighbours (Edward Norton, Penelope Cruz) for a dinner party, the night spirals into unexpected places.

**Thu 20 Aug – 7.30pm**

Dir. Olivia Wilde, running time tbc

### **Normal (cert tbc)**

For Sheriff Ulysses (Bob Odenkirk), his temporary posting to the Midwestern town of Normal was meant as a welcome respite from his marital woes and recent injuries in the line of duty; but when a botched

bank robbery interrupts the town's tranquil pace, he discovers the town is anything but its namesake.

**Fri 21 Aug – 7.30pm; Sat 22 Aug – 7.30pm**

Dir. Ben Wheatley, running time tbc

## **Gallery**

### **Richard Webb**

Richard's bold and distinctive style combines both hand-cut elements and mixed-media. Each piece is hand-cut from a variety of materials including various papers, metals and painted layers.

**Thursday 21 May – Wednesday 17 June**

### **Art Space – 'Pathways'**

This body of work represents some of the creative journey of a group of artists who together make up ArtSpace, a Worcester based collective. This exhibition is eclectic and includes a variety of different materials, subject matter and media.

**Thursday 18 June – Wednesday 8 July**

### **Margaret Powell - 'A Room with a View'**

Classically trained artist Margaret Powell offers an elegant meditation on the spaces and subjects she

holds most dear. From sweeping vistas of local landscapes to the quiet, curated intimacy of her favourite interiors and home-grown florals.

**Thursday 9 July – Wednesday 29 July**

**Pershore WI – ‘110 Years of Pershore Women’s Institute’**

Celebrating 110 Years of past generations of local women, The Women’s Institute of Pershore will be exhibiting photographs and memorabilia of how it all began in 1916.

**Thursday 30 July – Friday 21 August**

**Jonny Barrett – ‘Between Malvern and Malaga: A Retrospective’**

Creating and exhibiting artworks in both the UK and Spain, Jonny’s evocative images are an intuitive and sensory reaction to the natural environments. His large collection of work is based on themes of elemental forces within nature.

**Saturday 29 August – Wednesday 23 September**

## **Craft**

### **An Artistic Assortment**

From sculpture, hand cut art and collaged cards, take inspiration from our craft cabinets, filled with a variety of artwork from Artspace, Richard Webb, Candy Frosini and others!

**Thursday 28 May – Wednesday 8 July**

### **Rob Brown – ‘The Stars Wars Collection’**

When the first Star Wars film was released in 1977, it created an entire new industry featuring toys, games, clothing, toiletries and millions of other products. Here’s a nostalgic look at where it all started.

**Thursday 9 July – Wednesday 29 July**

### **Pershore WI – ‘110 Years of Pershore Women’s Institute’**

Alongside the gallery exhibition, lies a selection of memorabilia and craft showcasing the WI involvement within the community.

**Thursday 30 July – Friday 21 August**

### **Carly Mustoe – ‘A Cacophony of Colour in Silver and Glass’**

Vibrant and eye-catching wearable art and beautiful unique pieces of homeware created by Carly and Eifion of Glassy Silver. They also run fused glass workshops across various venues in Worcestershire, sharing their love for all things bright and colourful.

**Saturday 29 August – Thursday 15 October**

## **Courses**

### **Pop-Up Painting**

Join artist Kay Mullet for a relaxed and inspiring evening of painting. With all materials provided, you'll create a famous artwork to take home, guided step by step by Kay.

### **Van Gogh – 'Irises'**

**Tuesday 16 June, 7.00pm – 10.00pm**

Van Gogh was a very influential Dutch painter whose paintings are characterised by bold colours and dramatic expressive brushwork and led to the foundations of modern art.

### **Paul Brent and Lynette Amelie – 'Beach Huts'**

**Thursday 16 July, 7.00pm – 10.00pm**

Exploring the style of Paul Brent and Lynette Amelie, you will be able to produce and take home your own

paintings of Beach Huts. Bring your own pictures or use images provided!

Cost: £28 per workshop (includes a glass of wine/soft drink & nibbles)

## **Chance to Dance**

A popular exercise-based dance class for those age 55+. A great opportunity to dance, meet new friends, and is a fun way to keep fit. There is also a Gentle Chance to Dance class offering a more relaxed approach to dancing with most of the session taking place seated.

For anyone wanting to dance without worry of turns, tricky steps, travelling sequences or standing for long periods, we have our **Seated Chance to Dance** every Monday from 1.00pm. We take our usual dance routines and adapt them so you can have full support of a chair.

## **Summer Term – Enrolling Now**

### **Sign up to The Loop**

By signing up, you will receive regular updates for all things Number 8! Visit our website at [www.number8.org](http://www.number8.org) to sign up today, to keep you, in The Loop.